

FREE Youth Mental Health First Aid Training

Join the movement.

Sometimes first aid
isn't a bandage, or CPR
or calling 911.
Sometimes,
first aid is **YOU.**

When: Sunday Nov 12th
9 AM – 5PM
Must attend entire day for certification

Where: Brookline Recreation –
133 Eliot Street, Brookline, MA 02467

Cost: FREE! Includes lunch, snacks and course book

Register here: <http://tinyurl.com/ybhva2j5>

Or contact: Natasha Pierre:
617-284-2647

Natasha.pierre@waysideyouth.org

A young person you know could
be experiencing a mental health
or substance use problem.

**Learn an action
plan to help.**

Anyone 18 or older can take Youth
Mental Health First Aid, but it is
recommended for those who
regularly have contact with young
people ages 12-18 - teachers,
coaches, social workers, faith
leaders and other caring citizens.



Take a course. Save a life.
**Strengthen your
community.**

For more information, visit
www.MentalHealthFirstAid.org